Travel Check List





/ G	eneral Clothing	Bea	ach Gear	<u> </u>	lealth & Medications	
′ 🗖	Shirts		Swim Suit		Prescription Medicine	
	T-shirts		Sunglasses		Contraception/Condoms	
	Shorts		Sunblock		Motion Sickness	
	Socks		Beach Towel		Pain/Aspirin Medication	_
	Black Pants				Allergy Medication	
	Jeans				Cold/Sinus Medication	
		Col	d Weather Clothing		Antibiotic Ointment	
	Hat		Jacket (Wind Breaker)	[☐ Laxative	
	Underwear		Gloves	[Diarrhea Medicine	
	Runners		Hat	[First Aid Kit	
	Black Shoes		Scarf	[Insect Repellent	
			Long Underwear		Contact Lens Kit	
				Į.	Glasses	
					☐ Vitamins	
w	omen's Clothing					
		<u>Sui</u>	tcases & Packing	[a	
	Dress		Backpack			
	Skirt		Carry-on Bag	E	lectronics	
	Panty hose		Cooler		Travel Alarm Clock	
	Heels		Suitcase	[☐ Hair Dryer	
	Wallet		Sewing Kit	[Cell Phone/Charger	
	Purse		Safety Pins	[☐ Extra Batteries	
			Ziplock Bags	[☐ Laptop	
					☐ Watch	
					☐ GPS	
M	en's Clothing			[☐ iPod	
	Collar shirt	<u>Pei</u>	rsonal Hygiene	[☐ Headphones	
	Tie		Toiletry Bag	[☐ Electronic Watt Coverter	
	Money Belt		Hair Brush/Comb	Ţ	.	
	Wallet		Razor/Electric Shaver	Ţ	.	
			Toothbrush			
			Toothpaste		Camera Equipment	
			Dental Floss	Ţ	☐ Digital Camera/Charger	
Sh	<u>ioes</u>		Soap/Cleansers	Ţ.	☐ Memory Cards	
	Runners/Walking Shoes		Shampoo/Conditioner	Ţ.	☐ Camera Cables	
	Sandals		Deodrant	Ţ.	☐ Video Camera/Charger	
	Dress Shoes		Moisturizer	[☐ Video Tapes	
			Lip Balm		_	
			Towel	[
					<u>Other</u>	
	otional Clothing				J	
	Belt		omen's Hygiene		<u> </u>	
	Raincoat		Make-up			
	Umbrella		Feminine products		J	
	Pyjamas		Tweezers		 _	
	Jewelry		Nail File		J	
						
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