

Entry

- ☐ Dust lighting fixtures
- ☐ Wash walls and trim
- ☐ Wash doors, knobs and switch plates
- ☐ Sweep and mop the floor
- ☐ Clean or replace entry mat

Bedrooms

- ☐ Open windows
- ☐ Dust lights. Clean lamp shades.
- ☐ Dust furniture
- ☐ For each drawer: remove items, wash drawer, place items back neatly. Donate items you no longer need.
- ☐ Remove everything from wardrobes. Sweep and wash wardrobe floor. Put everything back neatly. Donate items you no longer need. Try not to store things on wardrobe floor.
- ☐ Move the bed. Sort and put away anything that was under bed. Sweep or vacuum under bed.
- ☐ Freshen your mattress by sprinkling with baking powder, letting sit briefly, and the vacuuming it up. Flip or rotate the mattress.
- ☐ Launder bedding and dry clean curtains
- ☐ Wash windows and window sills. Take out and wash window screens.
- ☐ Wash mirrors or dust art
- ☐ Wash switch plates. Wash walls and trim.
- ☐ Wash doors and doorknobs
- ☐ Wash floor registers and other vent covers
- ☐ Sweep and mop floor or vacuum



Giant Spring Cleaning List

Bathrooms

- ☐ Open windows
- ☐ Dust light fixtures
- ☐ Empty all cabinets and vanity. Wipe down the insides, replace items neatly. Discard expired medications and cosmetics.
- ☐ Wash outside of cabinets and vanities
- ☐ Clean the bathtub and drain
- ☐ Clean the shower thoroughly in every crevice. Squeegee dry.
- ☐ Clean toilet, inside and out. Remove seat and clean around seat bolts.
- ☐ Clean sink and drain
- ☐ Shine taps
- ☐ Clean mirror and frame
- ☐ Wash windows and window sills. Take out and wash window screens.
- ☐ Wash switch plates. Wash walls and trim. Wash doors and door knobs.
- ☐ Wash floor registers and other vent covers
- ☐ Sweep and mop floors

Laundry

- ☐ Open windows
- ☐ Wash windows and window sills
- ☐ Take out and wash window screens
- ☐ Wipe down cabinet doors
- ☐ Wipe down inside cabinets
- ☐ Wash laundry sink. Shine taps. Clean drains.
- ☐ Wash outside of washer and dryer
- ☐ Wash inside of washing machine
- ☐ Wash lint trap with soap and water to remove filmy build-up from laundry soaps. Let air dry thoroughly before putting back in place.
- ☐ Wash switch plates
- ☐ Wash walls and trim
- ☐ Wash doors and door knobs
- ☐ Wash floor registers and other vent covers
- ☐ Sweep and mop floors

Giant Spring Cleaning List

Kitchen

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| <input type="checkbox"/> Open windows | <input type="checkbox"/> Clean under fridge and stove and wipe down the top of the fridge |
| <input type="checkbox"/> Dust light fixtures | <input type="checkbox"/> Vacuum refrigerator coils |
| <input type="checkbox"/> Remove and clean window coverings | <input type="checkbox"/> Clean microwave |
| <input type="checkbox"/> Wash windows and window sills. Remove window screens and wash. | <input type="checkbox"/> Clean crumbs out of toaster |
| <input type="checkbox"/> For each cabinet or drawer: remove items, wipe out drawer and place items back neatly | <input type="checkbox"/> Clean and descale kettle |
| <input type="checkbox"/> Wash and sanitize cutting boards | <input type="checkbox"/> Wipe down any other appliances |
| <input type="checkbox"/> Sharpen knives | <input type="checkbox"/> Wash counters and splash back or tiles |
| <input type="checkbox"/> Wash cabinet doors and knobs | <input type="checkbox"/> Wash and shine sink. Shine taps. Clean drain. |
| <input type="checkbox"/> Wipe down and organize pantry. Check food expiry dates. | <input type="checkbox"/> Clean dishwasher |
| <input type="checkbox"/> Clean oven | <input type="checkbox"/> Disinfect the rubbish bin |
| <input type="checkbox"/> Clean stove top. Remove elements and drip bowls, if applicable, wash and put back. | <input type="checkbox"/> Wash switch plates |
| <input type="checkbox"/> Clean and organize fridge and freezer, wiping down every shelf. Defrost freezer, if necessary. Check food expiry dates. | <input type="checkbox"/> Wash walls and trim |
| | <input type="checkbox"/> Wash doors and door knobs |
| | <input type="checkbox"/> Wash floor registers and other vent covers |
| | <input type="checkbox"/> Sweep and mop floor |

Stairwells

- | | |
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| <input type="checkbox"/> Dust art and light fixtures | <input type="checkbox"/> Spot clean walls |
| <input type="checkbox"/> Wipe down handrail | <input type="checkbox"/> Sweep/vacuum stairs |

Giant Spring Cleaning List

Dining Room

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| <input type="checkbox"/> Open windows | <input type="checkbox"/> Launder table linens |
| <input type="checkbox"/> Wash curtains | <input type="checkbox"/> Shine silverware |
| <input type="checkbox"/> Wash windows and window sills.
Take out and wash window screens. | <input type="checkbox"/> Dust art |
| <input type="checkbox"/> Wipe down table and chairs | <input type="checkbox"/> Wash switch plates |
| <input type="checkbox"/> Wipe down or dust other furnishing | <input type="checkbox"/> Wash walls and trim |
| <input type="checkbox"/> Clean chair pads, if applicable | <input type="checkbox"/> Wash doors and door knobs |
| <input type="checkbox"/> Polish table, if necessary | <input type="checkbox"/> Wash floor registers and other
vent covers |
| <input type="checkbox"/> Dust any displayed china or
serving dishes | <input type="checkbox"/> Clean floors |

Living Room

- | | |
|---|--|
| <input type="checkbox"/> Open windows | <input type="checkbox"/> Sort through music, DVD's, books and
magazines. Donate or recycle ones that
no longer suit your family's interests. |
| <input type="checkbox"/> Vacuum sofas, inside and out | <input type="checkbox"/> Wash hard plastic children's toys with
warm soapy water. Rinse and dry.
Launder stuffed toys. Donate or store
toys that your children have outgrown. |
| <input type="checkbox"/> Spot clean sofas, if applicable | <input type="checkbox"/> Wash switch plates |
| <input type="checkbox"/> Launder throw pillows and blankets | <input type="checkbox"/> Wash walls and trim |
| <input type="checkbox"/> Dust shelves, furniture and decor | <input type="checkbox"/> Wash doors and knobs |
| <input type="checkbox"/> Clean lamps and lampshades | <input type="checkbox"/> Wash floor registers and other
vent covers |
| <input type="checkbox"/> Wash windows and window sills.
Take out and wash window screens. | <input type="checkbox"/> Clean floors |
| <input type="checkbox"/> Clean television screen and carefully
dust electronics | |
| <input type="checkbox"/> Tidy electronics wires. Tuck nicely out
of sight. Label them, if practical. | |

Spring Cleaning Tips for Every Room

- ☐ Clean blades of ceiling fans
- ☐ Sweep cobwebs in corners and along the ceiling
- ☐ Dust all horizontal surfaces: tops of doors, picture frames, shelves, baseboards, counters, etc.
- ☐ A detailed clean of every room is what you are after, so what you would usually skip over should be addressed
- ☐ Spot-clean the carpet
- ☐ Vacuum all upholstered furniture and vacuum or dry clean curtains
- ☐ Move large furniture like your sofa and clean underneath
- ☐ Take rugs and mats outside and beat with a broom handle. Vacuum the floor thoroughly before you put the rugs back down
- ☐ Windows should be washed both inside and out. Use a mix of water and vinegar with a microfiber cloth.
- ☐ Scrub out all window tracks with soapy water and an old toothbrush

